



Letters Between Us

Kingston Hidden Artist Collective

19 January – 13 March 2026

Letters Between Us is an interactive exhibition by the **Kingston Hidden Artist Collective (KHAC)** that invites a quiet, two-way exchange between artists and the wider Katarokwi/Kingston public.

Displayed alongside original artwork by KHAC members are two glass jars that form the centre of the exhibition. One contains anonymous handwritten notes from KHAC artists. These messages share things the artists wish the public knew about them, or words they have carried privately, including reflections, memories, truths, and moments of humanity. The second jar invites visitors to respond by leaving their own handwritten message of encouragement, reflection, or gratitude.

This simple act of exchange creates a loop of listening and response. At the close of the exhibition, messages from the Community Jar will be gathered and shared with KHAC artists, offering a tangible reminder that their voices were received with care.

Letters Between Us emerges from a growing interest among KHAC artists in sharing their stories in their own words, alongside the very real barriers created by stigma and fear of judgment. By offering an anonymous platform, the exhibition enables artists to speak honestly, while inviting viewers to slow down, listen, and respond with intention.

Through artwork, writing, and shared reflection, *Letters Between Us* centres dignity, trust, and connection, and asks what becomes possible when artists feel seen and what responsibility we carry, as a public, when we are invited to listen.

About the Artist

Kingston Hidden Artist Collective (KHAC) amplifies the voices of artists in Kingston who face significant barriers to advocating for their own work—including homelessness, mental health challenges, addictions, and disability. KHAC focuses on dignity and access, reducing stigma

and opening doors to opportunity. Their goal is simple: connect these artists to the wider Kingston community so their creativity is seen, valued, and supported.

khac.ca | Instagram: [@KHAC](https://www.instagram.com/KHAC)

